

el balneario

BAÑOS DEL CARMEN EST. 1918

STARTERS	1· Roasted pepper salad		8€
	2· Mix Salad		8€
	3· Russian salad		10€
	4· Caesar salad		10€
	5· Goat cheese salad with fig jam		11€
	6· Tomato and avocado salad with smoked salmon and cod		12€
	7· Anchovies in vinegar		11€
	8· Red tuna tartar		15€
	9· Salmon marinated tartar and citrus vinaigrette		15€
	10· Sea bass tartar with moustard dressing		15€
	11· Prawns tartar & avocado		15€
	12· Ajoblanco de la Axarquía		7€
	13· Porra Antequerana		7€
	14· Seafood soup		11€
	15· Gazpachuelo (traditional fish soup from Malaga)		11€
	16· Cod Croquettes		9€
	17· Cod Croquettes		9€
	18· Spicy potatoes		9€
	19· Octopus galicien style		19€
	20· Tuna fish stew		20€
	21· Red tuna tataki		20€
	22· Tuna fish with onions stew		20€
	23· Grilled vegetables		12€
	24· Artichokes with clams and shrry wine		14€
	25· Vegetables and prawns wok		14€
	26· Aubergine thai style		10€

SLICED	27· Iberian Ham (1/2 or ration)		13€ / 24€
	28· Iberian Loin (1/2 or ration)		13€ / 24€
	29· Iberian chorizo		12€
	30· Iberian sausage		12€
	31· Assortment cold Iberian meat		22€
	32· Cured sheep cheese (1/2 or ration)		8€ / 15€

El Balneario Grill

FISH	33· Grilled sardines		5€
	34· Hole grilled squid		4€/100g
	35· Grilled sea bream		24€
	36· Grilled bass		24€
	37· Grilled pargo (min 1kg)		6€/100g

FROM THE BAY	38· Raw clams (unit)		3€
	39· Sauteed coquinas from Malaga		15€
	40· Steamed mussels		9€
	41· Local clams with garlic		12€
	42· Stewed Clams		15€
	43· Boiled prawns		16€
	44· Grilled prawns		24€
	45· Pil-Pil prawns		13€
	46· Fried crystal prawns		12€
	47· Fried and marinated dogfish		10€
	48· Fried anchovies		10€
	49· Baby grill squids		14€
	50· Lemon flavour anchovies		12€
	51· Fried squid rings		10€
	52· Fried cuttlefish		12€
	53· Fried octopus		12€
	54· Calamaritos (fried baby squids)		14€
	55· Fried baby white bate with roasted peppers		10€
	56· Diced cod with aioli		14€
	57· Diced monkfish with spicy sour souce		14€
	58· Hadook fried or grilled with alioli		13€
	59· Red prawn (100g)		12€/100g

MEAT	60· T-bone Steak		6€/100g
	61· Spicy Sausages		8€
	62· Moorish style brochettes (3 units) on curry rice		9€
	63· Beef Burger		12€
	64· Iberian pork fillet brochette		15€
	65· Pork fillet (Iberian pork)		16€
	66· Entrecotte		18€
	67· Sirloin Steak		24€

RICES	68· Soupy rice with vegetables		12€
	69· Marengo rice casserole		14€
	70· Soupy rice land and sea		14€
	71· Soupy rice with red prawns		14€
	72· Soupy black rice		14€
	73· Soupy rice with crayfish		22€
	74· Soupy rice with lobster		22€

* price per person / minimum 2 people.

KIDS	75· Pasta Bolognese		9€
	76· Pizza Prosciutto		9€
	77· Fried chicken fingers		9€
	78· Chips		7€

DESSERTS	79· Carrot cake		5'5€
	80· Apple strudell		5'5€
	81· Creme brulee		5'5€
	82· Tocino de cielo (sweet made with egg yolk and sugar)		5'5€
	83· Fried Milk		5'5€
	84· Rice pudding		5'5€
	85· Coulant with chocolate and ice-cream		5'5€
	86· Brownie with ice-cream		5'5€
	87· Red Velvet cake		5'5€
	88· Ice-cream		5€
	89· Seasonal fruit		5€

SNACKS	Olives (50g)		0,50€
	Chips (30g)		0,50€

10% VAT included



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